

BRITAIN'S BIGGEST BRIDAL BRAND

JULY 2019 | £4.50

Wedding

✓ **Passport, check...**

✓ **Bridesmaids, check**
How to plan a destination celebration

Super-luxe staycations
UK stays the VIP way

Plan your dream honeymoon
Ultimate travel inspo from Iceland to the Maldives



Hello pretty
87
OF THE HOTTEST SUMMER-READY DRESSES

WIN
a honeymoon to MAURITIUS

THE REVIEW

Acting editor **Laura Sutherland** tries an LPG Endermologie Detox facial at Hala Healthy & Beauty Clinic

Claiming to drain toxins and banish puffiness, LPG Endermologie's Detox treatment seemed to promise more than a mere face rub could deliver. But when I saw the French skincare brand's hi-tech gadgetry, I knew my tired skin was in for a treat.

"The lymphatic system's lazy, so we have to help it," explained nurse Maria, running the massage head along my cheekbone. "For brides, we recommend a series of appointments and drinking two litres of water a day to aid the process."

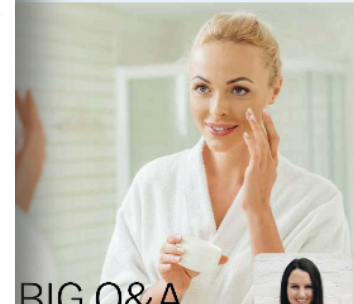
During the 45-minute session, Maria used pulsing movements to eliminate water retention around my cheeks and neck, massaging out various "lymphatic knots".

I left looking a bit red, but after a good night's sleep – and two bottles of Highland Spring – I woke to a luminous complexion, firmer jawline and reduced under-eye puffiness. When I set my wedding date, I'll have Maria on speed-dial.

LPG Endermologie treatments are available at spas, gyms and clinics across the UK, with prices starting from £30; visit endermologie.com

Beauty NOTES

...ke lashes to cutting-edge skin treatments, the latest ways to ace your wedding face



BIG Q&A

Beauty question? Our brand-new panel of experts help. This month, wellness journalist talks about CBD's skin-healing properties

What does it do?
CBD shows anxiety is one of the reasons why women are using facial experience, anxiety relief skin products. It has a big effect on brides, either on the face or the body. It can reduce anxiety or stress in anticipation of the day. To cover all bases, Redfish Face Cream is this is suitable for all

complexions, both correcting oily pores and minimising the finest of skin. It also uses the brand's Rescue Butter for body skin woes – it's an essential for anyone who's been plagued by dermatitis, eczema or psoriasis. While the CBD oil drops get to work on calming the mind, the CBD creams will soothe any irritations that might interfere with your wedding day beauty prep, leaving you free to enjoy this special time.



WINK WINK

Having adorned the eyelids of the UK's biggest screen stars for more than 20 years, Eyelash Emporium's lashes are known for going distance, and its latest launch is no exception. Ideal for adding impact to your big-day smoky eye, the PRO Studio Strip Lashes are 3D fluttery layers with soft, flexible bands that last for up to 20 wears. **£8.95**, eyelashemporium.com

BEAUTY



We Love

The most glow-giving effects of skincare super-hero beauty. It's a perfect skin Superdose Vitamin C Oxygen Boosting Moisturiser. **£50** (€10.06 for members), beautysave.com



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WEDDING IDEAS
READERSHIP: 72K

